US Sentencing Commission Public Hearing on Federal Child Pornography Offenses Washington, DC February 15, 2012

> Presented by Gene G Abel M.D. Behavioral Medicine Institute of Atlanta www.bmiatlanta.com

and Child Molestation Research and Prevention

www.childmolestationprevention.org

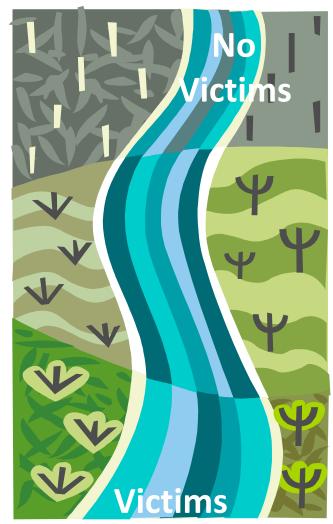
Gene G Abel M.D. ©2012

"No mass disorder...afflicting humankind has ever been brought under control by attempts to treat afflicted individuals."

George Albee Ph.D.

#### Going "Upstream" to Prevent Child Sexual Abuse

- Behaviors preceding interest in children
- 2. Being sexually abused preceding abuse of others
- 3. Screening for adults with risk of sexually abusing
- 4. Training how to identify abused/abuser
- 5. Therapy for abused and abuser



#### What is the Definition of Pedophilia?

- 1. Be sexually aroused by,
- 2. Have intense fantasies of,
- 3. <u>Or</u> be involved in sexual behavior with a:
  - Prepubescent child or children (generally 13 years of age or younger)
  - For at least six months
  - Be at least <u>16 years old</u>, and
  - Be at least five years older than the child.

#### Why Is Pedophilia Important In Our Understanding Of Child Sexual Abuse?

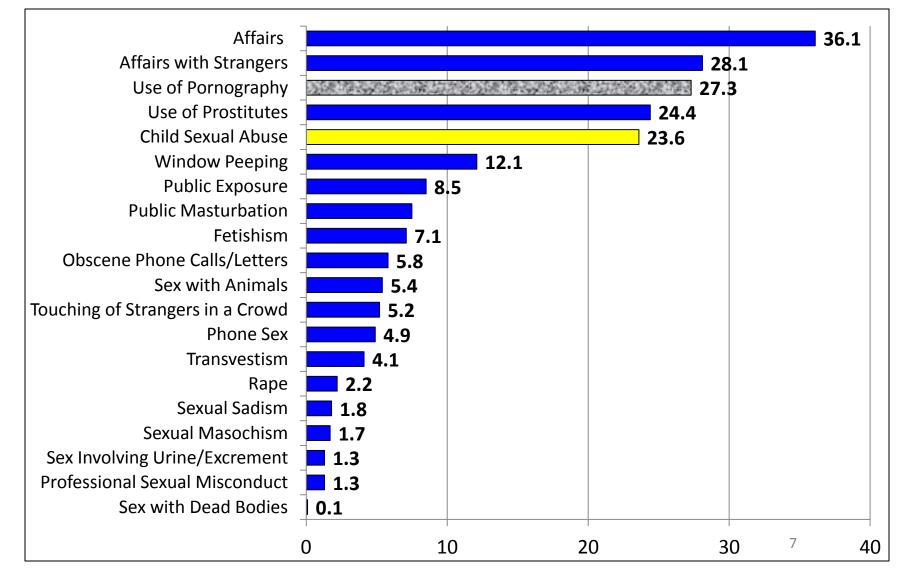
The child sexual abusers who develop pedophilia molest 88% of all child victims.

They commit 95% of the sex acts against children.

Abel, G and Harlow, N. The Stop Child Molestation Book

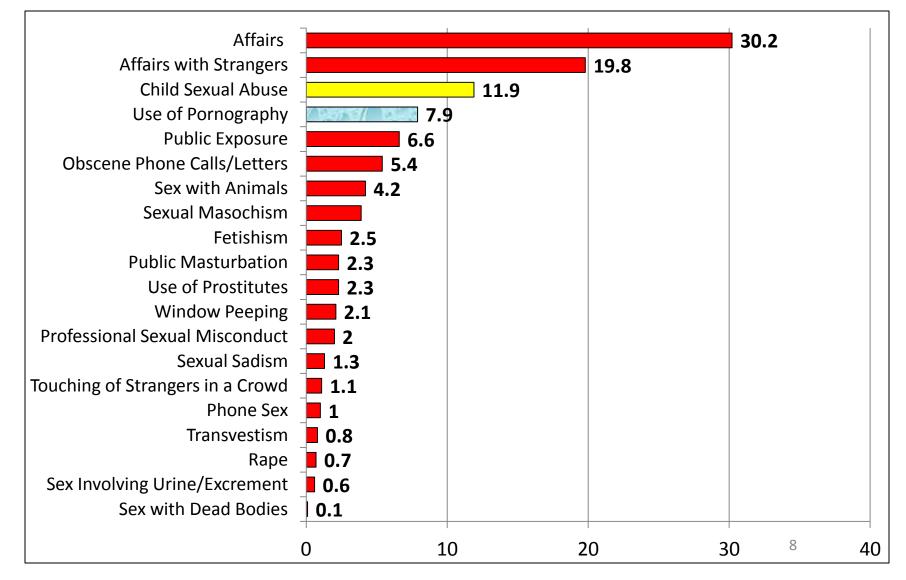
# What Do the Child Sexual Abusers Do?

#### Adult Males' Sexual Behavior, n=85,535



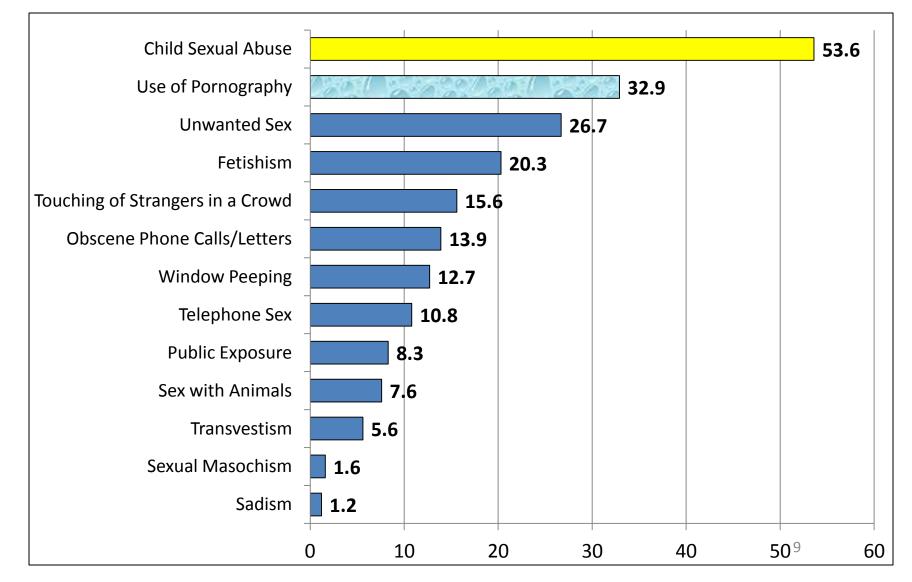
**Percentage With Behavior** 

#### Adult Females' Sexual Behavior, n=3,222



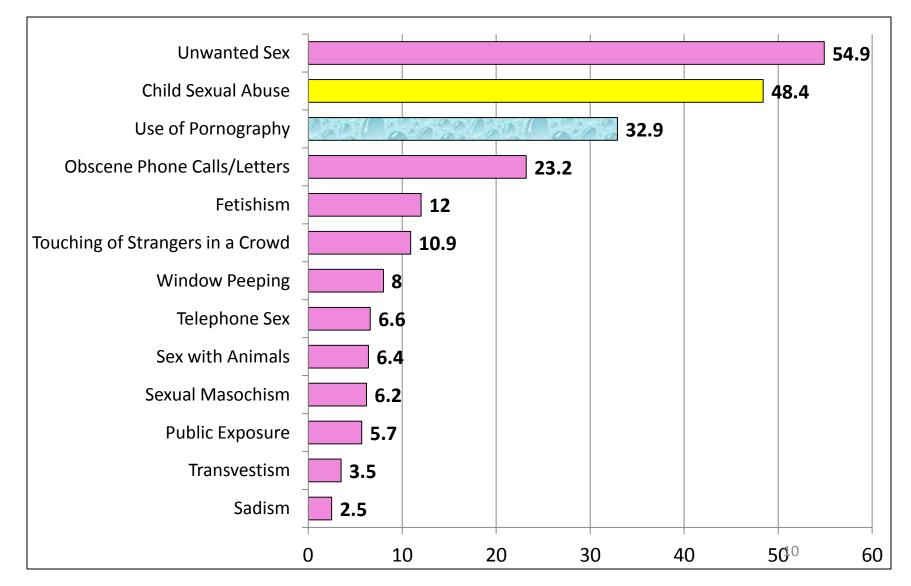
**Percentage With Behavior** 

#### Adolescent Males' Sexual Behavior, n=19,158



#### **Percentage With Behavior**

#### **Adolescent Females' Sexual Behavior, n=853**

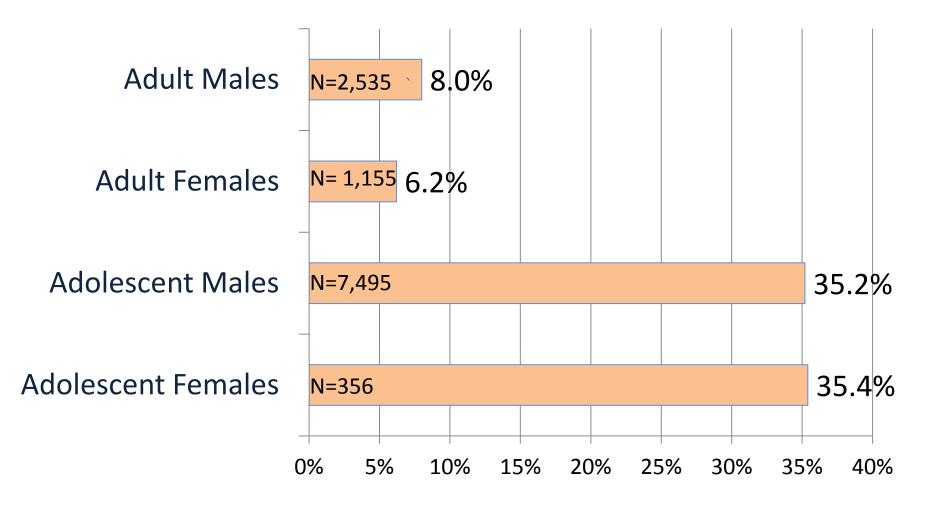


**Percentage With Behavior** 

#### How Do Molesters Molest?

- Have urges, desires or fantasies about molesting
- Put themselves in long-term proximity to children
- Are identified as an authority/coach, Minister, etc.
- Are alone with needy, dependent children over time
- Talk with the child about sex in a nonthreatening way
- Participate in activities that incorporate some nudity(looking at pornography)
- Move <u>gradually</u> from touching and fondling to genital contact, "as sex education"
- <u>Convince the child that their behavior contributed to the</u> <u>sexual behavior (hold them in some way responsible)</u>

#### Percent of Evaluated People Who Were Never Blamed But Molested a Child



The Essential Characteristics of <u>Treatment For Paraphiliacs</u>

- Does it reduce the paraphiliac's deviant arousal(CS,NH4)?
- 2. Does it normalize the paraphiliac's other problems?
- 3. Can its outcome be evaluated objectively(visual reaction time, plethysmography)?
- 4. Can compliance with treatment be measured(polygraph, POs)?
- 5. Is it applicable to any paraphilia?
- 6. Can it be self-administered any time, any place?

The Essential Characteristics of <u>Treatment For Paraphiliacs</u>

- 7. Is its application cost-effective?
- 8. Can the average paraphiliac learn the treatment?
- 9. Can it be delivered in a reasonable time period?
- 10. Can other therapists easily learn the treatment?
- 11. Do outcome studies confirm that it stops reoffending?
- 12. Can it be applied ethically?
- 13. Does it have a theoretical foundation(<u>cognitive</u> <u>behavioral treatment with a strong relapse prevention</u> <u>component</u>)

Is Treatment for Adult Child Sexual Abusers Effective?



Treatment for Adult Child Sexual Abusers

## 93 to 95% can be successfully treated

Source: Stephen Gray, ED.D., presented at ATSA, 2011 Candace Osborne, MA and Gene G Abel M.D., presented at GATSA, 2004 Is Treatment for Adolescent Child Sexual Abusers Effective?

Yes

Treatment of Adolescent Child Sexual Abusers

93%

#### can be successfully treated

Margaret Alexander, 1999

What Increases the Likelihood That a <u>Molested</u> <u>Child Will Molest Others</u>? The Majority of Sexually Abused Children <u>Never</u> Sexually Abuse a Child

#### Victimization Factors of <u>Boys</u> Who Became Sexual Abusers

A study of 2,811 sexually abused boys (777 non-abusers, 2,034 abusers)

- 1. I was younger than 9 when I was sexually abused.
- 2. I was abused by my idol.
- 3. I knew nothing about sex before I was sexually abused.
- 4. I wish the molestation didn't bother me so much.
- 5. Sometimes I got a strong sexual feeling between my legs when I was being sexually abused.

#### Victimization Factors of <u>Boys</u> Who Became Sexual Abusers

A study of 2,811 sexually abused boys

(777 non-abusers, 2,034 abusers)

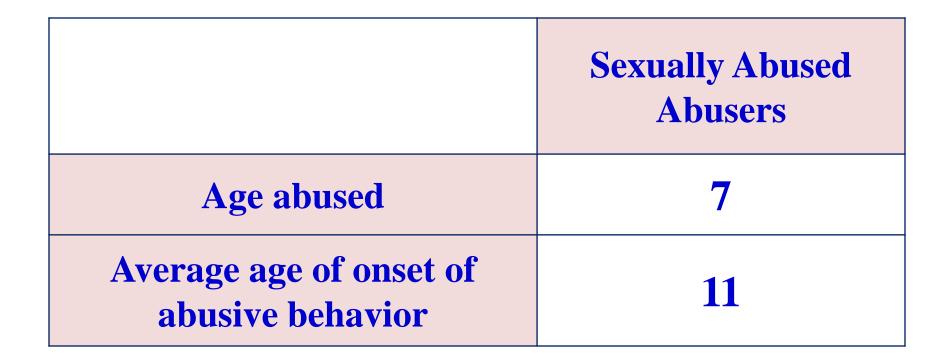
- 6. The person who did this to me used to say lots of things about how great I was.
- 7. The abuser put their tongue in my mouth.
- 8. I took baths or showers with my sexual abuser.
- 9. Sometimes when my boyfriend or girlfriend rubs my chest I have flashbacks of when I was abused.

#### Victimization Factors of <u>Girls</u> Who Became Sexual Abusers

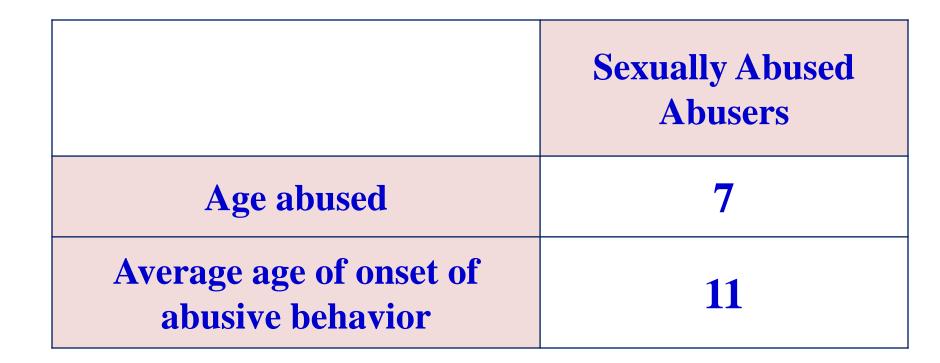
A study of 476 sexually abused girls (232 non-abusers, 244 abusers)

- 1. Sometimes, when I hear a voice that sounds like my abuser, I get a feeling of terror.
- 2. I was younger than 9 when I was sexually abused.
- 3. I wish the molestation didn't bother me so much.
- 4. I knew nothing about sex before I was sexually abused.
- 5. I was abused by my idol.

#### Age of Onset of <u>Victimized Boys</u> Sexually Abusing Younger Children



#### Age of Onset of <u>Victimized Girls</u> Sexually Abusing Younger Children



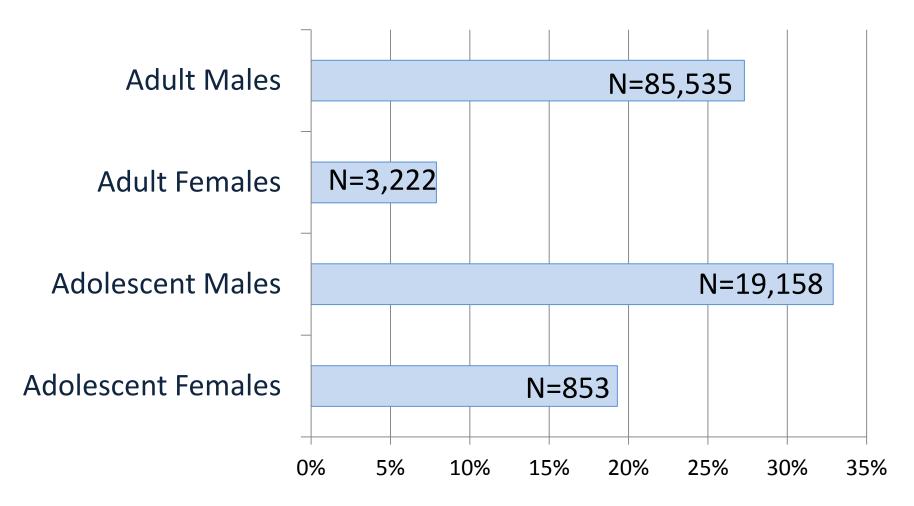
### Window of Opportunity – With Sexually Abused Children

On average, we have four years between the sexual victimization and the first act of sexual abuse.

Therefore:

Between the ages of 7 years and 11 years is our opportunity to help the sexually abused child so that this child does NOT sexually abuse other children.

#### Percent of Clients Who Use Pornography Excessively



Is The Use of Child Pornography Related to Child Molestation?

Is Solicitation (Sexual Chatting and Traveling to Meet Minors) Related to Child Molestation?

### **Demographics Of Subjects Studied**

	Total	Group 1 Child Porn=Yes Solicit=No	Group 2 Child Porn=No Solicit=Yes	Group 3 Child Porn=Yes Solicit=Yes	Group 4 Child Porn=No Solicit=No
	n=1096	n=179	n=73	n=36	n=808
Mean Age	37.8	38.5	31.2	41.4	38.1
Std Dev of Age	13.9	14.7	10.9	13.6	13.9
Min and Max of Age	18-81	18-72	18-62	20-68	18-81
% Caucasian	71%	85%	81%	92%	66%
% College Educated	51%	66%	59%	58%	46%

### Logistic Regression Model Predicting Child Molestation

	Beta	Odds Ratio	Std. Error	z value	Sig.
Intercept	-0.20		0.23	-0.9	0.39
Social					
Desirability					
Scale	-0.014	0.986	0.004	-4.0	0.0001
<u>Referral</u> for					
viewing child					
pornography	-1.89	0.15	0.31	-6.0	0.0001
<u>Referral</u> for					
soliciting		0.00			
children	-2.58	0.08	0.53	-4.8	0.0001
Viewing child		• •			
pornography	0.85	2.3	0.26	3.3	0.001
Soliciting		4.2			
children	1.46	4.3	0.26	5.5	0.0001

#### Conclusions

- Those who use child pornography are more likely to molest children
- Those who solicit minors are more likely to molest children.
- <u>Those referred for child pornography or sexually</u> <u>chatting with/traveling to meet minors are less</u> <u>likely to **admit** to child molestation</u>.
- <u>Those trying to present themselves in a positive</u> <u>light are less likely to **admit** to child molestation</u>.

How Strong Are The Relationships Between These Sexual Activities and Child Sexual Abuse?

The odds ratio for Use of Child Pornography is **2.3** The odds ratio for Soliciting Minors is **4.3** The odds ratio for doing both is **9.9** 

### Number of Child Sexual Abuse Victims By Age Category of Pornography Viewed

Category of Child			
Pornography Viewed	Ν	Mean	Std. Dev.
Child Pornography			
Only	14	7.6	17.8
Teen Pornography			
Only	72	4.1	6.1
Both	54	5.5	7.6

An ANOVA was run to test whether the number of victims was related to which type of child pornography they viewed. A one way ANOVA with three groups was run. The differences were not statistically significant (f=1.1, df=2, 137, p < 0.3229).

Is It Possible to Identify Those at High Risk to Molest Children And Block Them from Working with Children?

## The Problem as Reported by the U.S. Department of Justice

13 Juvenile Facilities were identified as having rates of 20% to over 30% of child sexual abuse of juveniles in custody; the <u>national average was 10.3%</u>

Source: Bureau of Justice Statistics: Sexual Victimization in Juvenile Facilities Reported by Youth, 2008-09



is a 30 minute pre-hire screen used to identify men and women in the general population who pose a sexual risk to children

#### The Diana Screen<sup>®</sup>: National Results for Juvenile Justice

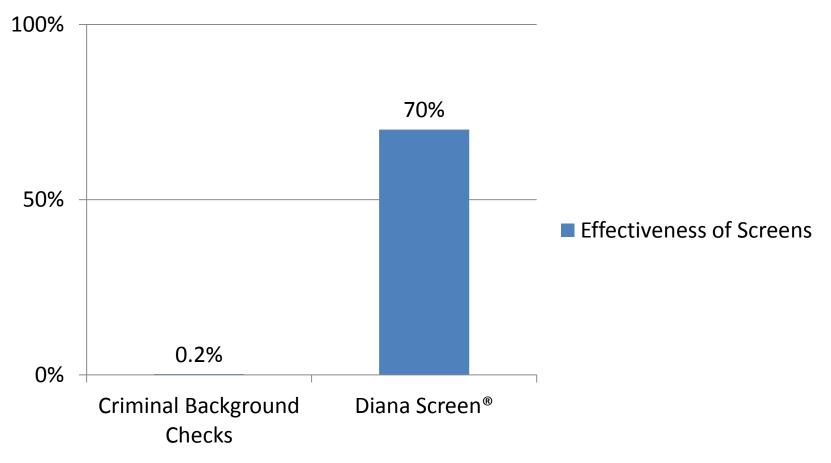
Nearly 700 prospective new hires were screened for sexual risk at juvenile facilities by The Diana Screen<sup>®</sup>

- 349 Women screened
- 340 Men screened

#### Results of Screening for Risk to Molest Children

- 90% Passed
- 10% Failed
- 66 Applicants failed
  - 28 Women failed
  - 38 Men failed

#### **Effectiveness of Screens**



Similar results have been found with screening in the Episcopal Church, Catholic Church, Boys And Girls Club, hospitals treating youth

#### Sentencing Commission's Questions

- What percent of offenders viewed child pornography for sexual gratification?
  We assume the majority.
- What factors cause people to seek sexual gratification from child pornography?
   Earliest sexual experience, masturbatory fantasies, being abused and other factors, see
   Abel, G.G., & Blanchard, E.B. (1974). The role of fantasy in the treatment of sexual deviation. Archives of General Psychiatry, <u>30(6)</u>, 467-475.
- Do most offenders obtaining child pornography do it for sexual gratification or pedophilia tendencies?
  We assume yes for both.

#### Sentencing Commission,s Questions

- 4. Which are more likely to molest, pedophiles or non-pedophiles who obtain child pornography?We assumed pedophiles.
- Do child pornography viewers have increased history of past sexual contact with minors?
   Yes, see study presented today.
- Are there valid risk assessment instruments to predict sexual recidivism by child pornography offenders?
   No.

#### Issues

- 7. In the past, child pornography was intercepted by the Postmaster General on its arrival from Europe; now with a smart phone and a computer, individuals can take thousands of pictures of their nude girl or boyfriend or take pictures at the local water park, or download 5 GB of erotica over the Internet. The landscape for child pornography has shifted. Do the same laws related to sentencing still apply given the vast changes in technology?
- 8. From this clinician's viewpoint, sentencing for child pornography (when no child has been abused) should be significantly less than for child sexual abuse but probation should remain.
- **9. From this clinician's viewpoint,** the criminal justice system must prepare to deal with more 12 to 17-year-olds generating, obtaining, and viewing child pornography.

#### Going "Upstream" to Prevent Child Sexual Abuse

- Behaviors preceding interest in children
- 2. Being sexually abused preceding abuse of others
- 3. Screening for adults with risk of sexually abusing
- 4. Training how to identify abused/abuser
- 5. Therapy for abused and abuser

